

Project to test the effectiveness of the sitting aid apparatus that affects sitting posture and physiological data



On May 10, 2021, the Center for Academic Services at the Faculty of Sports Science, Chulalongkorn University collaborated with Astride Bionics Company Limited initiated a project that promotes good health for society. This project was aimed to analyze the physiological and morphological data obtained from the use of sitting aid apparatus to look at muscular imbalance and bones structure from prolong sitting. The information obtains from this project will help to improve work efficiency and reduce the risk of overuse injury from prolong sitting.